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| **COVID 19 RISK ASSESSMENT AND MANAGEMENT** | | | **Football Training – Easton Cowgirls Women’s Football Team (ECWFT)**  Location: City Academy | | |
| **Name of Assessor:** | Rebecca Swist / Susannah Mallaghan | **Position:** Deputy Chair / Chair | **Maximum Number of participants**: 30 | **Date of Assessment:** | 01/09/2020 |
| **Designated Health and Safety Officer** | Rebecca Swist  07944216036 | **Secondary Contact re Risk Assessment** | Susannah Mallaghan 07890410143 |  |  |
| **Annual Review:**  *To take place sooner should a significant*  *change or incident occur* | | | | | |

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| **Possible Hazards** | **Who is at risk?** | **What is being done to alleviate risk?** | **Further Action Required** |
| **Spread of the Covid 19 Infection** | Coaches  Participants | The Easton Cowgirls Women’s Football Team encourages all persons attending City Academy to ensure that they are monitoring their own health paying close attention to a raise in body temperature above 37.8oC and or a new and persisting cough; other symptoms may include: -  ➢ Shortness of breath  ➢ A loss or change in normal taste  ➢ Fatigue  ➢ Feeling unwell  ➢ A sore throat  Each person is responsible for bringing their own sanitising hand gel / wipes. However, ECWFT will make sanitising gel available in case this is forgotten.  There are a maximum of 30 people allowed at each session – including our coach. First come, first served. Soz if you’re number 31, but you’ll need to go home again.  At this point City Academy does not allow spectators – carers or guardians are permitted but this must be restricted to one person per household. | Review accident and incident reports  Regular meetings with ECFWT committee to discuss operational issues. |
|  |  | Entry points at City Academy will have relevant information regarding how to navigate through the building relevant to where we need to go.  There is signage throughout to alert individuals on the correct hand washing technique. Hand sanitisers have been placed throughout the centre for regular use.  Facilities booking times have been altered to allow the necessary and adequate cleaning and disinfecting of an area or equipment used, before and after a training session takes place.  A one-way traffic flow and multiple entry and exit systems have been implemented with a mandatory social distancing policy to avoid unnecessary crossover with other persons from different sporting groups/bubbles.  Where possible and safe to do so doors and gates will be propped open to minimise touch points. |  |
| **Tracing those that become unwell** | Coaches  Participants | ECWFT will collate contact details of every person attending training sessions to assist with the ‘NHS test and trace system in place’. It is important that every person attending the training session completes the required information. |  |
| **Spreading Covid-19 through equipment** | Coaches  Participants | ECWFT will bring their own equipment to City Academy. This will be sanitised before and after each session.  All participants should be mindful to handle the equipment as little as possible with their hands.  Seriously: avoid hand-contact with all equipment as much as possible. |  |
| **Spreading Covid-19 during the training session** | Coaches  Participants | There are no changing facilities available at City Academy – all participants are required to attend ready for the session. Please do not enter City Academy until the allocated start time of training (7.30pm).  Prior to beginning the training session everyone present is required to sanitise their hands.  All participants are encouraged to sanitise their hands regularly throughout the session.  If there is a need to gather/huddle for a group discussion / drill instruction it should be done so in a manner where social distancing can still be implemented and by not shouting or raising their voices when facing each other. |  |
| **Spreading Covid-19 at the end of the training session** | Coaches  Participants | All training participants will need to leave promptly at the end of the training session following and adhering to the one-way traffic flow system in place.  City Academy will suspend activities where it feels necessary to do so and if the potential for group crossover is too high – so this is IMPORTANT. |  |
| **First Aid** | Coaches  Participants | Coaches/managers will be primarily responsible for managing first aid incidents but City Academy staff will be on hand to assist if necessary – a detailed accident/injury report form will need to be completed by the club and CAB. First aiders will be present on site and have been provided visors and other necessary PPE whilst on shift.  Anyone (coach, player, volunteer) will need to report to the isolation room located on the ground floor of the sports centre if they’re showing any symptoms of the virus. An incident report will need to be completed by CAB and the clubs Covid 19 officer (Rebecca Swist). This vital information is to be recorded to assist the NHS test and tracing. The ECWFT and City Academy will need to do a follow up on any such occurrences and monitoring for reintegrating persons with suspected symptoms. |  |

IMPORTANT:

Ensuring that training is safe and reducing the risks of spreading Covid-19 is the responsibility of EVERYONE in the team!!!! If we do, we’re not just risking our spot at training, but everyone else’s ability to train at City Academy, too.

I have read and understood the information below and agree to be sensible and stick to the rules:

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