**Bristol volunteering opportunities**

Current opportunities ***in, around and between*** Easton and the city centre

***Feeding people***

***Food Cycle – serving free sustainable meals on Wednesdays, for anyone, Lawrence Hill***

<https://foodcycle.org.uk/location/foodcycle-bristol-easton/>

A number of different roles from welcoming guests, cooking up a storm in the kitchen, helping collect surplus food, managing regional social media pages or making weekly phone calls.

***BS4 Food Bank Outlet Assistant, Wednesdays 12pm to 2:30pm,*** volunteering at is St Barnabas Church, Daventry Rd, Bristol, BS4 1DQ.

[BS4 Food Bank Outlet Assistant | Foodbank Network Volunteering (trusselltrust.org)](https://volunteer.trusselltrust.org/opportunities/38427-bs4-food-bank-outlet-assistant-2022-10-12?_gl=1*srjw4j*_ga*NzUxNjYwNzIuMTY3NDQxOTUwNQ..*_ga_E1KLKHP7YY*MTY3NDQxOTUwNS4xLjAuMTY3NDQxOTUwNS4wLjAuMA..&_ga=2.76707797.1593594453.1674419505-75166072.1674419505)

You can be part of helping keep them running. We are in need of volunteers on Wednesdays 12pm to 2:30pm at our foodbank which is part of Bristol and Severn Vineyard Churches. You will be greeting clients between 12.30 and 2pm and providing them with their food parcels.

***Mental health and fitness***

***Good Gym, various locations, various times***

[GoodGym - Do Good, Get Fit | GoodGym - Do Good, Get Fit](https://www.goodgym.org/)

Run, walk, and cycle to help local community organisations and isolated older people by doing practical tasks.

Plant trees at the local park, Sort cans for a foodbank, Clean up a community centre, Help an older person with maintenance around their house, Do some gardening, Move furniture for an older person.

***Bristol Drugs project, Youth group volunteer, City Centre / St Pauls***

[Volunteer at BDP - Bristol Drugs Project](https://www.bdp.org.uk/get-involved/volunteer/)

Gain experience of working in a front-line service which offers a well-trodden route into education, training or work. Development of inter-personal skills – benefiting relationships all round. A positive contribution to Bristol at large and some of the city’s most marginalized communities

BDP has a long and proud history of working with volunteers. They strongly value volunteers’ contribution to their services and have been accredited with Investing In Volunteers since February 2009.

***Woman kind, Helpline, befriending, admin, digital marketing,*** St Pauls / City centre, various times, city centre / St Pauls [Volunteer - Womankind Bristol](https://www.womankindbristol.org.uk/volunteer/)

An opportunity to gain experience and understanding of issues such as mental health, domestic and sexual abuse, get Training, Support and Supervision with Social events and an opportunity to make new friends. And Out-of-pocket expenses covered.

***Football***

***Help Mark coach a team with players who have down syndrome, St Pauls, Sundays 10.30am.***

Start your Sunday mornings positively by volunteering with this fun group. No experience necessary, just a desire to help.

Contact Mark on 07786890091

***Outdoor stuff / The environment***

***Tree planting, various times and locations.***

To volunteer, email [onetreeperchild@bristol.gov.uk](mailto:onetreeperchild@bristol.gov.uk) to book your place on our events.

***Helping maintain Eastville Park, Friends of Eastville Park***

[www.eastvillepark.org.uk](http://www.eastvillepark.org.uk) / [Friendsofeastvillepark@gmail.com](mailto:Friendsofeastvillepark@gmail.com), [www.facebook.com/groups/eastvillepark/](http://www.facebook.com/groups/eastvillepark/)

If you love Eastville Park then you are a friend of Eastville Park! We hold an open meeting 2-3 times a year to meet with other residents. This gives you a chance to meet other park users, chat about what you love or don’t love about the park, and how we can tackle problems together.

***Bristol Bike Project, Easton, volunteer nights - Tues and Weds, 6.30 – 9.30pm***

<https://thebristolbikeproject.org/get-involved/volunteer/>

Fancy learning bike mechanics, being part of a great team and giving back to your community in the process? Come and volunteer with us!

***Helping homelessness***

‘Move on volunteer’ at St Mungos (Thursdays afternoons, 2 – 4 hours a week, Bristol and Kingswood)

<https://www.mungos.org/volunteer_vacancy/move-on-volunteer/>

***Teaching / Mentoring Borderlands, Teaching and mentoring, BS5, Mondays, Tuesdays (daytime)*** [Volunteer | Borderlands](https://www.borderlands.uk.com/volunteer)

We love our volunteers’ commitment, expertise and energy to welcome and support refugees and asylum seekers. Our volunteers come from diverse backgrounds including professionals, retired people, students, refugees and asylum seekers.